

## JOIN US!

Zest4Kidz is a grassroots charity. That means **YOU** are the charity. Here are some ways to get involved:

✳ Host a coffee morning to share about the work of Zest4Kidz with your friends. We can provide you with all the materials (brochures, video, pictures, stories, etc.)

✳ Become a Zesty Legend and join a team of people just as passionate about helping kids as you are. Find out more on our website.

✳ Go on a trip! Meet the kids and get become part of their story. We have regular trips to India, Uganda & Belarus.

✳ Join us on Facebook - [www.facebook.com/zest4kidz](http://www.facebook.com/zest4kidz) - and keep in touch. Send us an encouraging note. We promise to send one back!

✳ Help us fund our second school in India. We have an additional 150 kids who need immediate help. It costs only €20 to keep a kid fed, clothed and educated for a year.

✳ We also need assistance to help us run our NEW Disability home in Uganda for former child soldiers and sex slave girls.

Help us "bring light into little lives".....



*Magi & Stuy Wilson,  
Founders of Zest4Kidz*

# ZEST 4 KIDZ

*Bringing Light into Little Lives*



## ZEST 4 KIDZ

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Registered Irish Charity CHY 17374



Bringing Light into Little Lives

# UGANDA



**Zest4Kidz** is a grassroots Irish charity dedicated to **one mission**: bringing hope to children in desperate circumstances. The charity was founded in 2006 by Stuart & Magi Wilson after 8 years of experience in working with international aid organizations. Zest4Kidz facilitates regular humanitarian aid projects helping children in three main areas: child soldiers and

disabled children in Africa, children in prisons and orphanages in Eastern Europe and children in slums & former sex-slaves in India. Zest4Kidz is successful each time a child understands that they are special and loved by God, that they can hope for a future which is brighter than their past and when these children are given the tools, by having their physical and emotional needs met, as well as through training and education, to start building a better life for themselves.

## Zest4Kidz in Uganda

Since 2006 Zest4Kidz have been partnering with local Ugandan organizations to bring light into the lives of former child soldiers and children with disabilities. Partnerships with local schools, hospitals and charities are essential to ensure that the work we are investing in is both effective and strategic.



The Lord's Resistance Army is responsible for abducting over 20,000 children to be used as soldiers and child-brides. Children as young as 7 years were forced to commit atrocities. Since the war ended, these children have slowly wandered back from the bush, excommunicated from their homes for the things they have done. Their childhoods are stolen, their families are often unforgiving if alive, and their communities reject them. What are these forgotten children to do?

In our work with former child-soldiers, Zest4Kidz has provided counseling, training to Ugandan counselors, summer fun camps, vocational training, and community development schemes. Our goal is to help these war-affected children make positive transitions back into their communities and villages.

Another forgotten group of children in Uganda are those who suffer from disabilities. Often seen as cursed in their communities, Zest4Kidz has joined the mission to see these children receive medical aid and education.

In January 2012 we will celebrate the opening of our first disability home to help children recovering from surgery as well as to provide education and training for children learning to live life to the full.

If you'd like to hear more of how you can partner with us please contact us at [matt@Zest4kidz.com](mailto:matt@Zest4kidz.com).

## Want To Go On a Trip?

Every year Zest4Kidz teams partner with our local organizations to bring light into little lives by running camps, providing counseling and giving training to educators, along with doing a full needs audit to hand over to our projects team.

These trips provide tangible hope for the kids we meet but they also change us, reminding us that poverty isn't just a lack of finances but also a lack of relationships. Almost everyone who comes back is impassioned to help the poor because now they know the poor.

Upcoming Trips to Uganda:

May 19th-26th 2012

August 18th-25th 2012

November 17th-24th 2012

Email [Linda@zest4kidz.com](mailto:Linda@zest4kidz.com) for more info.

