

JOIN US!

Zest4Kidz is a grassroots charity. That means **YOU** are the charity. Here are some ways to get involved:

- * Host a coffee morning to share about the work of Zest4Kidz with your friends. We can provide you with all the materials (brochures, video, pictures, stories, etc.)
- * Become a Zesty Legend and join a team of people just as passionate about helping kids as you are. Find out more on our website.
- * Go on a trip! Meet the kids and get become part of their story. We have regular trips to India, Uganda & Belarus.
- * Join us on Facebook - www.facebook.com/zest4kidz - and keep in touch. Send us an encouraging note. We promise to send one back!
- * Help us fund our second school in India. We have an additional 150 kids who need immediate help. It costs only €20 to keep a kid fed, clothed and educated for a year.
- * We also need €6,000 annually to fund our mentoring program. If you can help, please email matt@zest4kidz.

Help us in "bringing light into little lives"...



*Magi & Stuy Wilson,
Founders of Zest4Kidz*



Dublin: 21 Cruagh Court, Stepside, Dublin 18 Tel: (01) 206-3872

Cork: Alex & Linda Gason Tel: 087 620 2440

www.zest4kidz.com info@zest4kidz.com

Registered Irish Charity CHY 17374

BELARUS



Zest4Kidz is a grassroots Irish charity dedicated to **one mission**: bringing hope to children in desperate circumstances. The charity was founded in 2006 by Stuart & Magi Wilson after 8 years of experience in working with international aid organizations. Zest4Kidz facilitates regular humanitarian aid projects helping children in three main areas: child soldiers and

disabled children in Africa, children in prisons and orphanages in Belarus and children in slums & former sex-slaves in India. Zest4Kidz is successful each time a child understands that they are special and loved by God, that they can hope for a future which is brighter than their past and when these children are given the tools, by having their physical and emotional needs met, as well as through training and education, to start building a better life for themselves.

Zest4Kidz in Belarus

Belarus has never fully recovered from the Chernobyl explosion in 1986 and as a result is faced with high rates of single-parenting, alcoholism & drug abuse. Since 2006 Zest4Kidz has been partnering with Belarusian orphanages and the state prison system to bring light into the lives of forgotten children, the unfortunate casualties of such statistics.



Zest4Kidz is privileged to partner with the speech orphanage for children. Every year we provide much needed clothing and funding but the gift that brings them the most joy is our Christmas stockings. For most, it is the only present they receive at Christmas.

Zest4Kidz also works with girls aged 11-19 in the state prison system. Most of these girls are incarcerated for minor crimes such as stealing food to survive and

most serve 4-year terms. Can you imagine an 11 year old serving a term in prison for 4 years only to be released at the age of 15. And once she is released what hope does she have? How can she succeed without support?

On a recent visit to the prison we discovered that there had been only 10 visits from outsiders that year! Most of these girls don't have families that care to visit them or love them. We gave one girl her very first birthday celebration at the age of 15. It was beautiful and heartbreaking all at the same time.

Zest4Kidz has also helps them through regular visits, the running of camps and a mentoring program. Our aim is to see these girls live full and healthy lives once they are released from prison and to guide them away from the choices that put them in prison.

Want To Go On a Trip?

Every year Zest4Kidz teams partner with our local organizations to bring light into little lives by running camps, providing counseling and giving training to educators.

These trips provide tangible hope for the kids we meet but they also change us, reminding us that poverty isn't just a lack of finances but also a lack of relationships. Almost everyone who comes back is impassioned to help the poor because now they know the poor.

Upcoming Trips to Belarus:

April 9th-15th 2012

July 14th-21st 2012

Email Linda@zest4kidz.com for more info.

